

APRIL 2024

CAREERS NEWSLETTER

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In this edition we will develop our knowledge on the world of work as well as considering part-time working, why you might want to get a part-time or weekend job and how to go about finding one. We will improve our understanding of Job Sectors and see which ones are available locally to Essex and Suffolk. In future editions we will begin to look deeper into the types of roles you can find in each sector to increase awareness on the range of jobs available.

You can send any ideas you have for future newsletters to alisongoode@exceptional-ideas.co.uk. Feel free to also ask any questions about any areas you want to know more about.

Keyword check: 'Job Sectors'

Job sectors are different groups of roles within a similar area. There are approximately 20 different **job sectors** and we use the list that is given in "Careers" which is the book that Exceptional Ideas use to provide information on different job profiles. Using this book, students can find out about the duties involved in a job as well as the qualifications they need and the average salary they can expect. It also gives information on progression and where doing this job could take them in the future. Staff will use this with students who have no clear idea of what career they might like to work towards by considering wider areas they are interested in e.g. the environment, public services or creative arts then using the book to consider the types of roles that would come under that wider category. While we also use the internet to look at different job profiles, the 'Careers' book allows students to research in a broader way with all of information at their fingertips and accessible via a contents list and an indexed list of specific jobs. There is a copy available in each school.

We can use job sectors to help us to identify what would be a major employer in a specific area. For example, the main employing job sector in Essex is construction / manufacturing.

"Do your best, not because your work is worth it, but because you are"

- Young People's Weekly

LMI: Did you know...?

Sustainability, cyber security and sales roles are among the fastest-growing jobs and offer some of the strongest opportunities for job seekers.

In 2022, Accommodation and food services and the construction industries were experiencing the highest percentages of worker shortages. Reasons for this were linked to tough immigration rules post- Brexit and a slowing in population growth.

During term time a child can only work a maximum of 12 hours a week. This includes:

- a maximum of 2 hours on school days and Sundays
- a maximum of 5 hours on Saturdays for 13 to 14-year-olds, or 8 hours for 15 to 16-year-olds.

Burnout risk is high with women having less chance of promotion leading to a lower income than men. Also, many Gen Z-ers and Millennials have experienced “layoff anxiety” due to entering the workforce during an unsettling global pandemic. They are concerned that if cuts are necessary that it will be “last in, first out”.

References: UK parliament; Careers Matters, CDI ;World Economic Forum; Gov.UK.

Careers fairs

Students in all schools were recently offered the opportunity to visit local careers fairs in Sudbury or Witham. They were able to meet local employers and find out about what jobs are available locally. Students even got to try an engineering challenge at one of the stalls while the Transition Staff got to collect lots of useful resources. All of students were enthusiastic and they were a credit to the school and their families. Some found jobs there were genuinely interested in knowing more about for the future. A lot of fun and some new careers knowledge (as well as quite a few free pens!) were gained by all.



Spotlight on...

Part-time working

Working part-time can be an excellent addition to your CV. By working and attending well, demonstrating your reliability and willingness to learn you can obtain the perfect reference that will endorse your effectiveness as a future team member. Although you have to be of a certain age to work part-time and there will be a limit on the number of hours you can work to prevent it impacting on your education, you can begin your working life early from about the age of 14 in a number of different ways including:

Babysitting, dog walking, working in a local pub kitchen / restaurant, paper round

Alternatively, when you have a National Insurance number (usually issued to when you are 15 years and 9 months old) you can begin to work directly with members of the public such as front of house in a café, waiting tables or in a retail environment. There are many smaller companies that may require occasional staff for events and to assist with the set up of facilities such as weddings or parties. Below is a government link to provide information on the rules for child employment. You will need to be 18 years to serve alcoholic beverages.

<https://www.gov.uk/child-employment>

Regardless of the work you choose to do, as long as you are reliable, learn well and work hard this will be reflected in any reference you get in the future. A solid reference will contribute to your ability to obtain the future job of your choice as much as the skills, abilities and qualifications you need to have. Once you have worked for someone you will be able to list them as a referee on your CV or any job application.

Looking for part-time work

Finding part-time work is not as difficult as it seems. Most people who start their very first jobs will probably find them through their parents, a friend, another family member or a neighbour. Some of the work you do at first will be for cash and won't always be frequent or regular but this is a great way of dipping your toes into trying out jobs and learning to follow instructions and work for someone else.

There are other ways to find part-time work. You might find cards or adverts up in shop windows or in the local or free papers, you might find something that is advertised on a local Facebook or Instagram page. You can also look on job sites adapting the search criteria to fit what you want, in fact, you'll find many of the larger retailers advertise in this way. Alternatively, you can just walk in to a place you would like to work and ask them if they are hiring new staff at the moment. If they have vacancies they will tell you how to apply so they will either give you an application form or tell you to look on the careers section of their website. You may need to meet an age criteria to work in certain places so don't be too down hearted if it's a no. It may not be a no forever, just a no right now!

To give you some inspiration, we asked the staff at Exceptional Ideas what their first part-time jobs were. Below is a word cloud that shows what their answers were. Remember, the larger the word, the more often the answer was given:



"Whatever you do, do it well."

– Walt Disney

Key dates:

Monday	15.04.24	Start date of Year 10 mock exams
Friday	26.04.24	End date of Year 10 mock exams
Wednesday	15.05.24	ELC submission date
Friday	31.05.24	AQA Art submission date.
Thursday	16.05.24	Trip to the University of Essex – all day event
Wednesday	03.07.24	Careers event: Writer and Illustrator talk

Next Issue: July 2024